INTRODUCING

SANCE CHALLENGE

E X P E R I E N C E

What Began With VIEW, Becomes Through INSIGHT

JULY 19-25, 2026 TORONTO METROPOLITAN UNIVERSITY

Are you ready to bridge the gap between competitive dance and the professional industry? Are you ready to take your training to the next level? Are you ready to be seen as an emerging artist?

inSIGHT is VIEW Dance Challenge's most exclusive and transformative training experience to date. Designed for dancers aged 15 and up, this invite-only, week-long intensive is for those determined to take the next step beyond the stage and into the professional dance world.

Held in the heart of downtown Toronto from July 19 - 25, 2026, the inSIGHT experience offers selected dancers an unparalleled opportunity to train at the highest level, network with industry professionals, and prepare for a career in the arts; all within one of Canada's most vibrant cultural hubs.

inSIGHT Experience Qualifications

This is an invite-only program. Dancers are selected by VIEW judges throughout the regional season based on performance, determination, and versatility. Selected dancers also qualify to compete in the Title Competition at VIEW Nationals.

This is your chance to gain real insight into what it takes to succeed as a professional dancer. To grow, to evolve, and to connect.

This is the next step in your dance journey.

SEE IT. BELIEVE IT. BECOME IT.



The inSIGHT EXPERIENCE is proud to announce our official partnership with **Toronto Metropolitan University**.

This collaboration marks an exciting step forward in our mission to create meaningful opportunities for young dancers, artists, and leaders. By partnering with one of Canada's most forward-thinking universities, we are able to provide an enhanced platform that blends **education**, **innovation**, **and artistry**.

PROGRAM OWERWIEW

inSIGHT's 5-Day Training & Performance Experience includes:

- Daily Training & Audition-Style Classes
- Train with renowned educators, choreographers, and active talent scouts representing:
 - Leading Colleges & Universities
 - Professional Dance Companies
 - Cruise Lines
 - Theatre Scouts
 - Talent Agencies
- Classes replicate real-world audition environments and are designed to challenge dancers physically, mentally, and professionally.
- Professional Career Materials
- Industry-standard headshots
- Custom-edited audition reel, professionally filmed to stand out in submissions
- Career & Industry Preparation
- How to navigate auditions, contracts, and casting processes
- Building your personal brand
- Continuing your training in Toronto and beyond
- Fun Activities & Excursions
- Drop-in class at The Underground Dance Centre
- CN Tower excursion
- Game & movie night
- Accommodations & Amenities
 - Stay at TMU's HOEM Residence (room & board included)
 - Full access to TMU's world-class studio facilities
- All meals provided



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E X P E R I E N C E

7:00 AM – Breakfast

9:00 AM - 10:00 AM - Warm-Up

10:00 AM – 10:25 AM – Break & Preparation Time

10:30 AM - 11:30 AM - Class #1

11:45 AM - 12:45 PM - Class #2

1:00 PM - 2:00 PM - Class #3

2:00 PM - 2:45 PM - Lunch

2:45 PM - 3:30 PM - Audition Class #1

3:30 PM - 4:15 PM - Audition Class #2

4:15 PM - 5:00 PM - Audition Class #3

5:00 PM - 6:00 PM - Panel Q&A

6:00 PM - 7:00 PM - Dinner

7:00 PM - 9:00 PM - Group Activity

10:00 PM – Headcount & Room Check

Training Environment

All classes and rehearsals are held at Toronto Metropolitan University's SLC studios. From morning until night, you'll be moving, creating, and developing as a dancer. You will be immersed in Toronto's vibrant artistic spirit without leaving the studio environment.



At the conclusion of the inSIGHT Experience, dancers will have the opportunity to work at one of our VIEW Conventions as a *paid VIEW Apprentice*.

We recognize the dedication, resilience, and strength it takes to complete this rigorous training, and we believe that those who rise to the challenge are prepared to take the next step in their dance careers.

At the conclusion of the VIEW inSIGHT Experience, dancers will be awarded the opportunity to work at one of our VIEW Conventions as a paid VIEW Apprentice. This exclusive opportunity allows dancers to gain firsthand experience in the professional dance industry, representing VIEW at our prestigious conventions.

What Does This Mean for You?

VIEW Apprentices will have the chance to work at one (or all) of our four VIEW Conventions.

This role provides an invaluable introduction to the professional dance world, giving you hands-on experience and mentorship opportunities.

Compensation for apprentices will be predetermined based on age and skill level. Exact rates will be provided via email once you express your commitment to a specific convention location.





We look forward to seeing you shine on both the VIEW inSIGHT Experience floor and beyond!

For any inquiries, please contact us at info@viewdancechallenge.com.